	Team	Played	Won	For	Against	Points
1	King William	17	16	93	26	93
2	Abertillery	16	11	65	47	65
3	Gilfach	15	10	59	46	59
4	Newport	16	4	49	63	49
5	Cwmbran WMC	17	6	48	71	48
6	Risca	17	2	29	90	29